

Week 5, Thursday 20<sup>th</sup> August

We are beginning a new Main Lesson today called Creative Writing. Before we begin today's writing. As we go along with this Main Lesson, I will be asking you to submit work by a deadline. Please set up a good routine so that you can be up-to-date with each task, and we can share our work with each other.

**Set up your writing space:**

Tidy up and wipe down where you work each day.

Pick some flowers, put them in a vase and set these at your writing space.

Make a nature-arrangement with a few precious objects – shell, pod, feather... perhaps a candle and a beautiful card or drawing as well.

Get out your new Main Lesson book, your draft book and pen and pencils.

**Find a place in your garden to sit:**

If it is cold, rug up with coat and hat, and a blanket or hot water bottle.

If it is raining, take an umbrella or sit under the eaves.

Ask someone in the house to tell you when twenty minutes is up (so you are not worried about knowing the time).

Be quiet for twenty minutes, watching and observing all that goes on around you: plants, animals, stones, logs, earth, insects, weather, sounds, smells, colours and textures. Notice the stillness; notice the busy-ness. Be aware of your own feelings, thoughts and ponderings about what you are noticing. What you are noticing might remind you of something similar, or bring up memories...

Come inside.

**Sit at your writing space:**

Think about how you could describe what you noticed during your twenty-minute observation experienced to someone who was not with you. Write this description in your draft book.

In the space around your writing, draw any related images.

Now ponder this quote and write it very beautifully in your book – you can write it in quite large script. Write this on the left-hand page of the first double page in your Main Lesson book.

*Those who dwell among the beauties and mysteries of the earth are never alone or weary of life.*

- Rachel Carson

Lovely! See you tomorrow. Love, Larissa